

shamans' time

An Educational Newsletter on Shamanism
By Paul M. Sivert, LCPC

www.shamanic-healing.org

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The Mosoq Karpay By Paul M. Sivert

We are together again; twelve shamans have gathered for a ceremony, a karpay. A karpay is a transmission of energy; it's an initiation. Shamans love karpays; it's the energy that feeds their souls, brings them a dream and a vision. It prepares them to grow spiritually and the karpay informs the shaman of their responsibilities as healers and caretakers of the earth and the stars.

The Mosoq Karpay, literally, means "new" karpay. This new initiation is to support the development of "fifth-level consciousness" inside the Shaman. This new level of consciousness supports the Andean Prophecy of the emergence of a new supreme healer. These healers are in the process of emerging. Medicine people all over the globe support the emergence with this ceremony and by receiving energy transmissions.

The twelve of us sit quietly in sacred space and walk, one by one, to the sacred bubbling brook

Soul Retrieval

Soul Retrieval is one of the most vital, healing ceremonies a Shaman can perform. The phenomenon of soul loss is prevalent in our society. Ask yourself the following questions, which are indicators of soul loss:

1. Do you ever have a difficult time staying "present" in your body? Do you sometimes feel as if you are outside your body observing it as you would a movie?
2. Do you ever feel numb, apathetic, or deadened?

2005 Peru Expedition

The time to decide to participate in this year's Peru Expedition is rapidly approaching. The Itinerary and costs have changed. The Itinerary has been modified to include the option of a two-week expedition starting on Monday July 25, 2005 and ending on Monday August 8, 2005. This trip's land cost is now \$3185.00, with a "Turtle Money" coupon, the fee is reduced by \$100.00, and, if another person books the trip through your efforts, another \$200.00 will be subtracted, so the trip can cost \$2885.00. Please go to <http://www.shamanic-healing.org/travel.htm> to review the details of the Expedition. Please contact Paul at (410) 998-9132 with any questions. Join us in Peru!

Mosoq Karpay (continued from page 1)

to receive the initiation. Don Martin Pinedo and Marco Nunez, our visiting teachers from Peru, are the facilitators of the karpay. They use the natural forces of nature, the wind, the sun, the water and the earth to deliver the new energies of light and munay to each of us.

As I stand on the rock that serves as a pedestal, I'm aware of energy rushing through my body, though the words of the prayers are in Spanish and not literally understandable, I understand perfectly what is being said about life, death, love, protection, oneness and embodiment of the karpay. The karpay energy swept through my body as I felt the connection to spirit. It's a moment in linear time, but in sacred time, I feel the blessing of the spirit and my awareness is suspended in an energy of bliss. Its during that suspended awareness that the seeds of the karpay are planted in my energy bubble, the poqpo.

Through the ceremony maybe over the process of the karpay continues. The energies continue to grow, informing me and enriching my soul. The Mosoq Karpay was a beautiful ceremony and experience for all the shamans that participated. The karpay supports us as we emerge to become better medicine people and healers.

Soul Retrieval (continued from page 1)

3. Do you suffer from chronic depression?
4. Do you have problems with your immune system and have trouble resisting illness?
5. Were you chronically ill as a child?
6. Do you have gaps in your memory of your life after age five? Do you sense that you may have blacked out significant traumas in your life?
7. Do you struggle with addictions to, for example, alcohol, drugs, food, sex, or gambling?
8. Do you find yourself looking to external things to fill an internal void or emptiness?
9. Have you had difficulty moving on with your life after a divorce or the death of a loved one?
10. Do you suffer from multiple personality syndrome?

If you answered "yes" to any of these questions, you may be dealing with soul loss. Important parts of your essential core self may not be available to you. This part of you still exists and can be returned to you through the soul retrieval.

Soul retrieval is the healing ceremony of returning the energy that has become lost. Only a shaman can perform a soul retrieval ceremony. The Shaman must be trained and familiar with the spiritual landscape of the other worlds of consciousness. I have performed many Soul Retrieval ceremonies over the years, and I still find the healing impact of this ceremony to be incredible for the client.

The ceremony begins with assessment of soul loss and how the wound of soul

Soul Retrieval (continued from page 2)

loss and how the wound of soul loss has manifested internally and externally in the client. Psychological disorders of depression, anxiety, post traumatic stress disorder and dissociative disorders, victims of neglect and abuse are usually suffering from soul loss. Once the wound of soul loss is determined the ceremony begins, to first to release the energy of the wound, then the retrieval of soul 's energy. The soul retrieval shamanic journey is a special journey in that the shaman must journey into the four chambers of the clients soul (actually it can take several journey sessions to complete the process). The Shaman is journeying to bring back to the client the energies that have been lost. The returning energies take the form of medicine gifts, power animals, and soul elements. The transformation process for the client in receiving these energies is nothing short of miraculous. The client develops a clear purpose, claims a vision for themselves and begins to live life in a freer manner.

If you think you are a candidate for a Soul Retrieval Ceremony, contact Paul Sivert at (410) 998-9132 or paul.inkashaman@verizon.net.

Turtle Money
Redeemable for \$100.00 off
Shamanic Healing Institute
Peru 2005 Expedition
Use with your expedition registration form
by May 20, 2005.
One coupon per person



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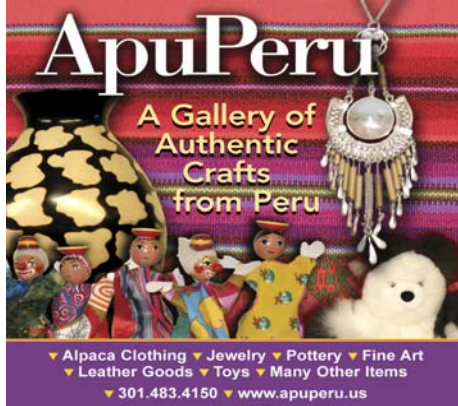
Calendar of Events At ApuPeru

Sunday, May 1, 2005
Annual May Day Fantastic Flower Festival

Sunday May 7, 2005
Bloom at the Mill

Sunday, May 15, 2005
May Arts Expo

Special Feature Sales
On
Original Oils and Watercolors from Peru
All Winter Clothing 15% Off



The Mission of the Shamanic Healing Institute is to heal and teach people through individual spiritual healing sessions, workshops, retreats, practitioner educational programs and products.

SERVICES

Shamanic Healing/Counseling: the utilization of ceremony to alleviate symptoms of discomfort or pain and restore harmony and joy.

Divination Reading: a channeled reading of your energy body in person or by phone.

Soul Retrieval: A traditional ceremony of restoring soul loss and returning your soul's energy to you.

Extraction: a traditional ceremony of removing a spiritual intrusion or curse that has attached itself to your luminous body.

Past Life Counseling: a past-life, age, pre-natal, and dreamtime regression therapy.

Reiki: a healing technique that can relieve pain and stress, minimize the recovery time from surgery or illness and compliments traditional treatments.

Apu Peru: authentic crafts from the people of Peru including textiles, Mastanas, jewelry, rattles, and accessories.

Workshops/Retreats

Practitioner Development Training Programs (see www.shamanic-healing.org for more information)

Staff

The Shamanic Healing Institute staff are shamanic practitioners who have studied many traditional and conventional therapies and treatment modalities. Each practitioner is a gifted healer, highly trained and initiated many times to practice energy medicine.

Contact Information

- Phoenix Counseling Services
10806 Reisterstown Road,
Suite 1B
Owings Mills, Maryland 21117
- Historic Savage Mill
Carding Bldg, Suite 214
8600 Foundry Street Box 2011
Savage, Maryland 20763

Call 410-998-9132 for an appointment

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Shamanic Healing Institute

*Historic Savage Mill, 8600 Foundry Street, Carding Building-Suite 214
Box 2011, Savage, Maryland 20763*

Calendar of Events Summer-Fall 2005

Education and Travel

Tuesday June 21, 2005

7:30 p.m. to 9:30 p.m.

Historic Savage Mill, Savage, Maryland

Summer Solstice Ceremony Despacho and Fire Ceremony

SHI will facilitate a despacho and fire ceremony presented in the Inka tradition to celebrate the new season. Bring a rattle and be prepared to be outdoors. Also, have an offering for the fire (e.g., something from nature). Call (410) 998-9132 to register. No fee.

Friday, July 22, 2005 through August 8, 2005

Annual Expedition to Peru with a special trip to Northern Peru and Salkantay Mountain

Refer to the brochure for travel menu or refer to www.shamanic-healing.org/travel.htm

Thursday, September 22, 2005

7 p.m. to 9:30 p.m.

Historic Savage Mill, Savage, Maryland

Fall Equinox Despacho and Fire Ceremony

SHI will facilitate a fire ceremony presented in the Inka tradition to celebrate the new season. Bring a rattle and be prepared to be outdoors. Also, have an offering for the fire (e.g., something from nature). Call (410) 998-9132 to register. No fee.

Tuesday, September 27, 2005

6:30 p.m. to 9:30 p.m.

Historic Savage Mill, Savage, Maryland

Fundamentals of Shamanism

An intensive training program of knowledge and practice of spiritual healing. Nine classes following. 9/27/05, 10/12/05, 10/26/05, 11/8/05, 11/22/05, 12/6/05, 12/20/05 (Winter Solstice Ceremony), 1/10/06, 1/24/06, and 2/8/05

Refer to www.shamanic-healing.org/course.htm or call (410) 998-9132.

Shamans' Space Gallery Exhibitions

March 1, 2005 through May 15, 2005

Peru: Journey, Pilgrimage, Renewal; and the Watercolor and Oil Paintings of Jorge Valdez and Friends.

*******Featured Cover and Cover Story in Pathways Magazine March, 2005*******

May 16, 2005 through August 30, 2005

Hearts in Balance: Munay and Iyni

September 1, 2005 through November 15, 2005

Apu Honor: Mummies of Northern Peru

November 16, 2005 through January 31, 2006

Federico Cosico: The Art of Inca Stone Masonry